

Prizes:

- * First Three Males
- * First Three Females
- * First Male Vet in each category: 40+, 45+, 50+, 55+, 60+, 65+
- * First Female Vet in each category: 35+, 40+, 45+, 50+, 55+, 60+

- * First Male Team (3 to count)
- * First Female Team (3 to count)

Notes:

1. Age

This is your age on the day of the race. The minimum age for this race is 16 years.

2. Cambridgeshire County 10 mile

This is restricted to runners who were born in or have resided for nine months or more in the county. There is no additional fee.

3. Phone

This is optional but we may need to contact you urgently should the event be cancelled or postponed.

4. E-Mail address

This is also optional. If you supply an address we will use it to contact you, if necessary, as an alternative to the telephone.

5. Peter Andrews Memorial Medal Race

Open to all EVAC members.

Data Protection:

The information supplied on this form will be held on computer files and used for the purpose of administration of the Fenland Ten and advising entrants of any future, similar, events organised by Fenland Runners. The information will not be divulged to any third party without consent.

FENLAND 10

Ten Mile Road Race

*Incorporating Cambs County 10 mile race.
A Cambs Road Race League Event*

10am Sunday 31st October 2010

Marshland High School, West Walton, Wisbech, Cambs



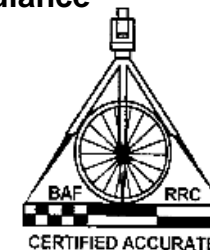
The 25th Fenland 10

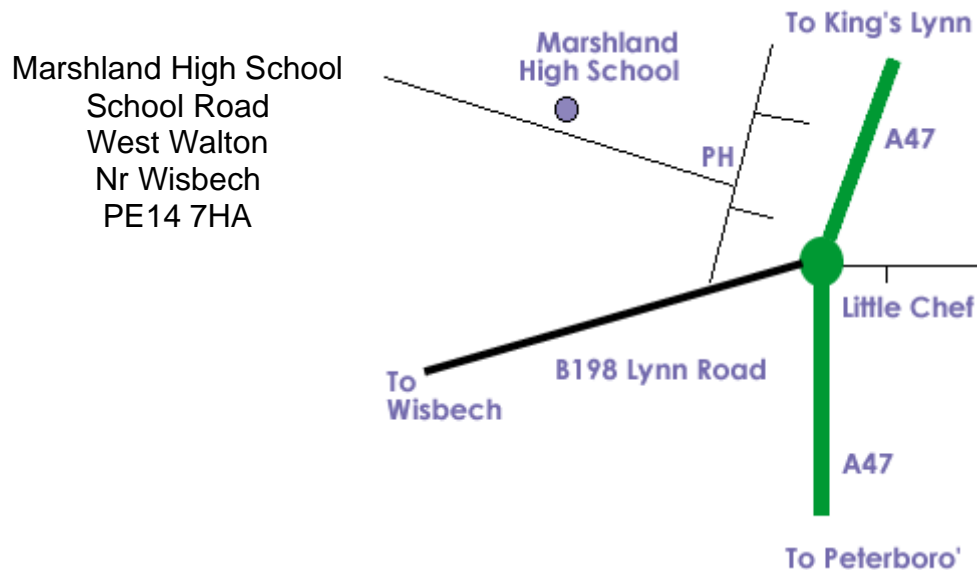
and the Peter Andrews Memorial Medal Race

- * UK Athletics Licence No 2010-100536
- * Memento to all finishers
- * Fast flat course
- * Changing & showers
- * Team and individual awards
- * Refreshments
- * Raffle
- * On-line entry at www.runnersworld.co.uk
- * Attended by St Johns Ambulance



The best for every body





Parking: In the school grounds or as instructed by attendants
Please do not park on School Road

Start: Close to school at 10.00am promptly

Course: An accurately measured single lap of 10 miles.
It is flat and entirely on-road so fast times are possible

Finish: In the grounds of the adjacent primary school

Entries:

Competitors may enter

- By post before 15th October 2010
- On-line at www.runnersworld.co.uk

Further details and enquiries:

- Telephone: 07887 605851
- E-mail: draski@tesco.net
- www.fenlandrunners.org.uk

ENTRY FORM

Please write clearly and refer to numbered notes (on reverse) if in doubt.

Surname: _____

First Name: _____ Sex (M/F) ____ Age¹ _____

Club: _____

Address: _____

_____ Post Code _____

Phone ³: _____ E-Mail ⁴ _____

Club Affiliation

AAA Attached (£8.50) or Unattached (£10.50)

Plus

Cambs County ² EVAC

I enclose a cheque / p.o for £_____ payable to Fenland Running Club

I declare that I am an amateur, as defined by the ruling body of UK Athletics.

I understand that the organisers of the Fenland Ten will not be liable for any injury, illness, loss or damage, however occasioned, resulting from this event.

Signed: _____ Date: _____

Please detach and send completed form with payment to:

Andre Pittock, Woodleigh, 27 Sandy Lane, South Wootton,
King's Lynn, Norfolk PE30 3NX to arrive by 15th October 2009